



SAINT LOUIS COUNTY
Public Health

Healthy Living Poster/Calendar Contest

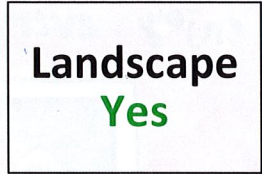
Sponsored by the Saint Louis County Department of Public Health

Who: All Saint Louis County students in grades K-12.

Why: Promote Healthy Behaviors.

How: Draw a healthy living poster using color on a plain, white, 8 1/2" X 11" sheet of paper. There must be a one-half (1/2") inch border on each side. A template has been enclosed. Include on the poster a slogan that complements the drawing and complete the entry form below. Make sure all words are spelled correctly. Must be landscape orientation only. No portrait. See examples.

- Entries must be postmarked by **October 25, 2024**.
- Attach the entry form to the back of your poster with tape. No staples.
- Entries with copyrighted characters, logos, or proper names of individuals and companies will NOT be accepted. (i.e. Dory™, McDonalds™, Nike™).
- Send your poster and entry form to: **Saint Louis County Department of Public Health, Health Promotion, and Attn: Dana Giboney-Wallace, 6121 N Hanley Rd, Berkeley, MO 63134** or email at HPPHR@stlouisco.com



Judges will look for original and creative posters that promote these healthy messages:

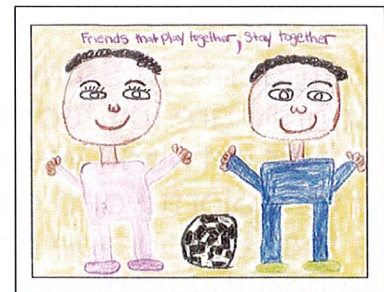
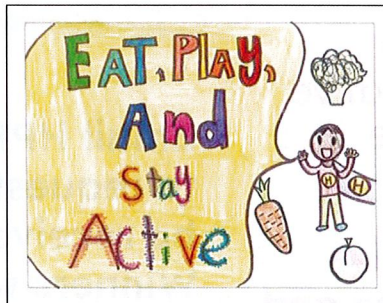
1. **Healthy Hygiene**
2. **Healthy Friendships (How to be a Good Friend)**
3. **Stay Physically Active**
4. **Positive ways to Reduce and Prevent Stress**
5. **Healthy Eating**
6. **Say No to Drugs and Alcohol (vaping and smoking)**

Portrait
No



The top 13 entries will receive a full-size poster for display, a gift card prize package and have their work featured on the County's website.

GOOD LUCK!



Student's Name: _____ Grade: _____ Age: _____

School Name: _____ School Address: _____

School District: _____ ZIP Code: _____ School Phone: _____

Teacher's Name: _____ Teacher's Email: _____